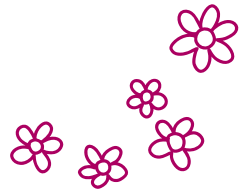


Your summer activities bucket list



Summer's here!

Your little busy bees will be buzzing around looking for fun stuff to do.

Keep them active and engaged come rain or shine with these fun activities. Why not encourage them to add their own ideas to the list? They can tick them off as they go.



Top tip

Out and about? Don't forget to pack a ready-to-drink PaediaSure Shake for a nutritious boost on the go.



- Garden treasure hunt
- Make giant bubbles in the garden
- Have a hoola hoop contest
- DIY Ring Toss
- Play Pooh Sticks 
- Visit a National Trust garden or park
- Make your own skittle (or boule) game
- Make pancakes
www.pediasure.abbott/uk/recipes/pancakes

- Painting rocks
- Ice / decorate biscuits together
- Go on a teddy bear's picnic
- Build an obstacle course in the garden
- Start your own garden bug summerhouse
- Make a summer smoothie
www.pediasure.abbott/uk/recipes/berry-smoothie
- Spend a day at the beach 
- Grow your own salad
www.pediasure.abbott/uk/healthy-life/6-easy-window-box-salads-your-fussy-eater-will-love-to-grow

